Enhancing Registered Nurse Job Readiness and Patient Safety Outcomes through Clinical Simulation

Simulation Scenario Template Adaptation of California Simulation Alliance (CSA)

Adult Type I Diabetic Ketoacidosis

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Revised (August 2017)



CSA REV template (12/15/08; 5/09; 12/09; 4/11; 1/14); Revised COUPN January 2014; August 2017

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SECTION I: SCENARIO OVERVIEW

| Scenario Title: | Type 1 Diabetes (Adult) | | | | | | |
|--------------------------|-------------------------|------------------|--|--|--|--|--|
| Original Scenario | Developer(s): | Jane Tyerman | | | | | |
| | | Meaghen Regts | | | | | |
| | | Kirsten Woodend | | | | | |
| | | Kim English | | | | | |
| Date - original scenario | | January 13, 2014 | | | | | |
| Validation: | | | | | | | |
| Revision Dates: | | august 2017 | | | | | |
| Pilot testing: | | N/A | | | | | |
| QSEN revision: | | | | | | | |
| | | | | | | | |

Estimated Scenario Time: 25min

Debriefing time: 30 min

Target group: 3 year BScN students

Core case: Type 1 diabetic patient (Adult)

<u>CNO:</u>

Professional responsibility and accountability:

• (2) Recognizes individual competence within

Legislated scope of practice and seeks support and assistance as necessary.

• (11) Promotes current evidence-informed practices.

Knowledge based practice:

• (26) Demonstrates a body of knowledge in the health sciences, including anatomy, physiology, pathophysiology, psychopathology, pharmacology, microbiology, epidemiology, genetics, immunology and nutrition.

Providing Registered Nursing care:

• (55) Provides nursing care that is based on critical inquiry and evidence-informed decisionmaking.

• (56) Coordinates and provides timely nursing care for clients with various co-morbidities, complexity and rapidly changing health statuses

- (58) Applies nursing knowledge when providing care to clients with acute, chronic, and/or persistent health challenges (e.g., stroke, cardiovascular conditions, mental health and addiction, dementia, arthritis, diabetes).
- (62) Implements safe and evidence-informed medication practices.

Ongoing Evaluation of client care:

• (70) Utilizes a critical inquiry process to continuously monitor the effectiveness of client care.

CPSI:

Domain 1: Contribute to a Culture of Patient Safety

• A commitment to applying core patient safety knowledge, skills, and attitudes to everyday work.

Domain 4: Manage Safety Risks

• Anticipating, recognizing, and managing situations that place patients at risk.

Domain 6: Recognize, Respond to, and Disclose Adverse Events

• Recognizing the occurrence of an adverse event or close call and responding effectively to mitigate harm to the patient, ensure disclosure, and prevent recurrence.

CIHC:

Domain: Team Functioning

• develop a set of principles for working together that respects the ethical values of members respect team ethics, including confidentiality,

• resource allocation, and professionalism

Domain: Collaborative Leadership

• work with others to enable effective patient/ client outcomes

Best Practice Guidelines

- Canadian Diabetes Association Best and promising practices in diabetes education
- Canadian Diabetes Association CPG : Managing diabetes in hospital_

Brief Summary of Case: 49 year old male admitted to a medical unit from the ER with a glucose of

28.

EVIDENCE BASE / REFERENCES (APA Format)

Lewis, et al., (2014). Chapter 50. Nursing Assessment: Endocrine System Lewis et al., (2014). Chapter 52. Nursing Management: Diabetes Mellitus

Thomas, C.M., Bertram, E., & Johnson, D. (2009). The SBAR communication technique: Teaching nursing students professional communication skills. *Nurse Educator*, *34*(4), 176-180.

CSA REV template (12/15/08; 5/09; 12/09; 4/11; 1/14) SECTION I

SECTION II: CURRICULUM INTEGRATION

| A. SCENARIO LEARNING OBJECTIVES | | | | | | | | | |
|---------------------------------|---|---|--|--|--|--|--|--|--|
| Do What With What For What | | | | | | | | | |
| Demonstrate | An accurate assessment on the client suffering from complications of type I diabetes | To determine etiology of presenting symptoms and decide on approach for care. | | | | | | | |
| Prioritize | Interventions using assessment data | To prevent a further decline in the health status of the client suffering from complications of type I diabetes. | | | | | | | |
| Identify | Threats to patient safety | To prevent undesirable effects | | | | | | | |
| Demonstrate | Principles of medication administration | To help promote patient stabilization and recovery. | | | | | | | |
| Communicate | With the patient and family in an emergency situation | To reduce the anxiety of the patient and his family. | | | | | | | |
| Communicate | Data essential to the physician or NP in a deteriorating situation using the SBAR. | To assist in the diagnosis and treatment of the patient | | | | | | | |

| B. Learning Outcome Assessment / Rubric | | | | | | | | | | |
|--|--|--|--|--|--|--|--|--|--|--|
| Competency (based on "What For") | Demonstrated attributes align with required competency | Demonstrated attributes need some improvement to align with required competency | Demonstrated attributes need major improvement to align with required competency | | | | | | | |
| Demonstrate an accurate assessment on the client suffering from complications of type I diabetes to determine etiology of presenting symptoms and decide on approach for care. | Assessment yields an accurate picture of the client's current condition Assessment is conducted in a way that appropriately aligns with the patient's physiological condition Effectively incorporates a thorough understanding of lab values when determining patient status Assessment results in an accurate diagnosis Assessment involves use of appropriate tools for data collection | Assessment yields a somewhat accurate picture of the client's current condition Assessment is conducted in a way that somewhat appropriately aligns with the patient's physiological condition Incorporates some understanding of lab values when determining patient status Assessment results in a somewhat accurate diagnosis Assessment involves use of some appropriate tools for data collection | Assessment does not yield an accurate picture of the client's current condition Assessment is conducted in a way that does not appropriately align with the patient's physiological condition Fails to incorporate an understanding of lab values when determining patient status Assessment does not result in an accurate diagnosis Assessment does not involve use of appropriate tools for data collection | | | | | | | |
| Comments | | | | | | | | | | |

| | | | 5 |
|--|--|--|---|
| Prioritize interventions using assessment data to prevent a further decline in the health status of the client suffering from complications of type I diabetes. | Interventions are organized in a way that promotes the patient's recovery All interventions meet the patient's needs Appropriate interventions are implemented in relation to abnormal findings Interventions are carried out in a timely manner Independently recognizes and seeks help when required patient care is beyond scope of practice Effectively defers information to appropriate care provider Demonstrates regard for patient safety | Interventions are organized in a way that somewhat promotes the patient's recovery Some interventions meet the patient's needs Some appropriate interventions are implemented in relation to abnormal findings Interventions are carried out in a somewhat timely manner Requires some prompting to recognize and seek help when required patient care is beyond scope of practice Somewhat effectively defers information to appropriate care provider Demonstrates regard for patient safety | Interventions are organized in a way that does not promote the patient's recovery Interventions do not meet any of the patient's needs Fails to implement interventions that directly relate to abnormal findings Interventions are not carried out in a timely manner Despite prompting fails to recognize and seek help when required patient care is beyond scope of practice Fails to defer information to appropriate care provider Demonstrates a lack of regard for patient safety |
| Comments | | | |

| | | | 6 |
|--|---|---|--|
| Identify threats to patient safety to prevent undesirable effects | Effectively carries out safety checks Care demonstrates a regard for infection control practices Demonstrates accountability for minimizing harm | Carries out some safety checks Care demonstrates some regard for infection control practices Demonstrates some accountability for minimizing harm | Fails to carry out safety checks Care demonstrates little to no regard for infection control practices Demonstrates little to no accountability for minimizing harm |
| Comments | | | |
| Demonstrate principles of medication administration to help promote patient stabilization and recovery. | Delivers medication in accordance with all the "rights" of administration Prepares medications in a safe manner Prepares and delivers medication in a way that supports the patient's recovery Able to accurately identify potential complications associated with medications | Delivers medication in accordance with some "rights" of administration Prepares medications in a somewhat safe manner Prepares and delivers medication in a way that somewhat supports the patient's recovery Somewhat able to accurately identify potential complications associated with medications | The "rights" of administration are not followed when delivering medication Fails to prepare medications in a safe manner Prepares and delivers medication in a way that does not support the patient's recovery Unable to accurately identify potential complications associated with medications |
| Comments | | | |

| | | | 7 |
|--|---|--|---|
| Communicate using therapeutic principles to decrease anxiety in the patient during an emergency situation. | Uses a caring demeanour, resulting in compliance with care Interacts with the patient in a way that facilitates open communication Demonstrates a regard for respecting the patient and their family's right to be informed Conveys information to patient and family in a way that promotes understanding | Uses a somewhat caring demeanour, resulting in some compliance with care Interacts with the patient in a way that facilitates some open communication Demonstrates some regard for respecting the patient and their family's right to be informed Conveys information to patient and family in a way that promotes some understanding | Does not use a caring demeanour, resulting in little to no compliance with care Interacts with the patient in a way that does not facilitate open communication Demonstrates little to no regard for respecting the patient and their family's right to be informed Conveys information to patient and family in a way that does not promote understanding |
| Communicate data essential to the physician or NP in a deteriorating situation using the SBAR to assist in the diagnosis and treatment of the patient | Delivered data accurately portrays the critical nature of the patient's condition Report is effective and results in immediate buyin Secured collaboration is appropriate for the needs of the patient | Delivered data somewhat accurately portrays the critical nature of the patient's condition Report is somewhat effective and results in some buy-in Secured collaboration is somewhat appropriate for the needs of the patient | Delivered data does not accurately portray the critical nature of the patient's condition Report is not effective and results in little-to-no buy-in Secured collaboration is inappropriate for the needs of the patient |
| Comments | | | |

| | C. PRE-SCENARIO LEARNER ACTIVITIES | | | | | | | | | |
|----|--|-------------------|---|--|--|--|--|--|--|--|
| | Prerequisite Competencies | | | | | | | | | |
| Kn | owledge | Skills/ Attitudes | | | | | | | | |
| | Pathophysiology and Etiology, risk factors, clinical manifestations of diabetic ketoacidosis | | Lab values related to diabetic ketoacidosis/infection control/hand hygiene | | | | | | | |
| | Diagnostic sampling | | Obtain accurate glucose reading/ understand indications for random sample versus fasting sample/ urine analysis (specific gravity, ketones, glucose, pH) | | | | | | | |
| | Therapeutic communication | | Strategies for decreasing anxiety | | | | | | | |
| | Principles of teamwork and collaboration | | SBAR communication tool with interprofessional team | | | | | | | |
| | Dimensions for patient centered care | | Ensuring patient and family are active participants/ ensuring patient's wishes are considered in plan of care/ maintain open communication with patient and family | | | | | | | |
| | IV Therapy | | Medical directives/ protocols | | | | | | | |
| | Medication Administration | | Indications for medications pertinent to this simulation Understanding the difference and implications of long acting and short acting insulin | | | | | | | |

SECTION III: SCENARIO SCRIPT

A. Case summary

Trent Fleming is a 47 year old male admitted to the ICU from the Emergency Department. Trent recently relocated to Peterborough to complete a Master's in Environmental Sciences. He was diagnosed with type 1 diabetes mellitus 8 years ago. Trent has a very good understanding of his disease and has been managing well. He has complained of diffused abdominal pain, nausea and vomiting for the past 72 hours. Additionally, he has had significantly decreased appetite for the past 4 days. He stopped taking his insulin 72 hours ago due to his symptoms of anorexia and vomiting. Trent was admitted to the ICU from the ER and once stabilized he was transferred to a medical unit.

B. Key contextual details

Patient was assessed in the Emergency Department (ED) and admitted to the Intensive Care Unit (ICU). Abdominal X-Ray and CXR done and serum blood samples were taken and sent to lab while the patient was in the ED and ICU. While in the ICU, he was treated with an insulin drip and once he was stabilized, the insulin drip was discontinued and he was transferred to the medical unit.

Located in a private room on a medical unit. Currently, patient is responsive but drowsy. Patient was monitored (cardiac, BP, O₂ monitor) while being transferred. Oxygen 2L via nasal cannula is in place. Patient is resting in semi fowler's position. Patient's IV was pulled out during transfer and was replaced by the night nurse. A dry dressing has been applied over old IV site.

The patient has just been transferred from the ICU with his chart and admitting medical orders at 0645. The patient was accompanied by the ICU nurse who gave report to the unit night nurse. The night nurse is now giving report to the day nurse. Scenario is live once student/learners enter into the room to receive the shift change bedside report.

| C. Scenario Cast | | | | | | | | | |
|------------------|----------------------------------|------------------------------------|--|--|--|--|--|--|--|
| Patient/ Client | High fidelity simulator | | | | | | | | |
| | Mid-level simulator | | | | | | | | |
| | Task trainer | | | | | | | | |
| | Hybrid (Blended simulator) | | | | | | | | |
| | Standardized patient | | | | | | | | |
| Role | Brief Descriptor | Confederate/Actor (C/A) or Learner | | | | | | | |
| | (Optional) | (L) | | | | | | | |
| Trent(patient) | Voice and operator of simulator | Sim facilitator / sim tech | | | | | | | |
| RN 1 Primary | Assessment and delegation | Learner | | | | | | | |
| RN 2 | Vital signs | Learner | | | | | | | |
| RN 3 | Glucose testing | Learner | | | | | | | |
| RN 4&5 | Observers and scenario assessors | Learner | | | | | | | |
| | (optional) | | | | | | | | |
| Family member | Asks questions | Learner or confederate | | | | | | | |
| MRP | Medication orders and | Confederate or Sim facilitator | | | | | | | |
| | communication | | | | | | | | |

| D. Patient/Client Profile | | | | | | | | | |
|--|---|-------------|----------------|------------|---------------|--------------------------------------|--|--|--|
| Last name: | Flemin | 5 | | First na | ime: | Trent | | | |
| Gender: M | Age: 47 | 1 | Ht: L77.4cm | Wt: 81k | g | Code Status: Full | | | |
| Spiritual Practice | 2: | E | Ethnicity: Ca | iucasian | | Primary Language spoken: | | | |
| None stated | | | | | | English and French | | | |
| 1. Past history | (History | of Present | t Illness) | | | | | | |
| Past History: Dia History of Preser | Past History: Diagnosis of type 1 diabetes mellitus 20 years ago. History of Present Illness: Patient is admitted to the FR and ICU, and later sent to medical unit with | | | | | | | | |
| nausea, vomiting | g, diffuse | abdomina | al pain, diapl | horesis, | and letharg | gy. Symptoms have been increasing | | | |
| in severity since | the am. | Patient co | mplaining of | f vomitir | ng, diaphore | esis, lethargy, and mild decrease in | | | |
| level of consciou | sness. P | atient is u | nable to tole | erate ora | al fluids. | | | | |
| Primary Medica | l | Diabeti | c Ketoacidos | sis | | | | | |
| Diagnosis | | | | | | | | | |
| 2. Review of Sys | stems | | | | | | | | |
| CNS | Slig | nt Decrea | sed LOC, leth | hargy, in | creasing re | stlessness | | | |
| Cardiovascular | Rap | id weak p | ulse, orthost | tatic hyp | otension | | | | |
| Pulmonary | Mo | derate lab | ored breath | ing | | | | | |
| Renal/Hepatic | Dec | reased ur | ine output, e | excessiv | e thirst, der | nies ETOH (social/ occasional) | | | |
| Gastrointestinal | Diff | usive abd | ominal pain, | nausea | , vomiting, (| excessive thirst | | | |
| Endocrine | Hist | ory of Typ | e 1 diabetes | S | | | | | |
| Heme/Coag | | | | | | | | | |
| Musculoskeletal | We | akness | | | | | | | |
| Integument | Dia | phoresis, f | lushed skin, | poor sk | in turgor, e | yes appear sunken | | | |
| Developmental I | Hx App | ropriate | | | | | | | |
| Psychiatric Hx | Nor | ie reporte | d | | | | | | |
| Social Hx | Livi | ng in apar | tment in Pet | erborou | igh with on | e roommate, single, family in B.C. | | | |
| Alternative/ Con | nplemen | ary Medi | cine Hx | Unkn | iown | | | | |
| Medication aller | gies: | NKDA | | Read | tion: | | | | |
| Food/other aller | gies: | KNFA | | Read | tion: | | | | |
| 3.Current medic | ations | | | | | | | | |
| Drug | | | Dose | | Route | Frequency | | | |
| Novo Rapid | As per o | rders | SC pump | Continuous | | | | | |
| Tylenol | | | 1000mg | | РО | Q4 hours PRN | | | |

| 4. Laboratory, Diagnostic Study Results | | | | | | | | | | |
|---|----------------|---------------|----------------------------|-----------------|---------|--|--|--|--|--|
| Na: 134mEq/L | K: 3.3 mEq/L | Cl: 99 mmol/L | HCO3: | BUN: 64 | Cr: 160 | | | | | |
| | | | 10mEq/L | | | | | | | |
| Ca: 2.65 mmol/L | Mg: | Phos: | Glucose: | HgA1C: 5.1% | | | | | | |
| | 0.60mmol/L | 1.55 mmol/L | 28mmol/L | | | | | | | |
| Hgb: 147 | Hct: 0.60 | Plt: | WBC: 14x10 ⁹ /L | ABO Blood Type: | | | | | | |
| PT | PTT | INR | Troponin: | BNP: | | | | | | |
| ABG-pH: | paO2: | paCO2: | HCO3/BE: | SaO2: 96% | | | | | | |
| VDRL: | GBS: | Herpes: | HIV: | Cxr: | EKG | | | | | |
| Urine Ketone: | Urine gluc: 4+ | Urine SG: | | | | | | | | |
| pos | | 1.030 | | | | | | | | |

| | E. Baseline Simulator/Standardized Patient State | | | | | | | | | | |
|-----------|--|-----------------|-------------------|--------|-----------|--------------|-----------|-----------|------|------------------------------|-------------------------|
| 1. | (I I I I I I I I I I I I I I I I I I I | | | | | | | | | | |
| Ge | Gender: Male Attire: hospital gown | | | | | | | | | | |
| Alt | Alterations in appearance (moulage): | | | | | | | | | | |
| Da | Dark circles under eyes | | | | | | | | | | |
| Х | ID band pre | sent, ad | curate | | | ID band pr | esent, | | | ID banc | l absent or not |
| | | | | | | inaccurate | 9 | | | applica | ble |
| | Allergy band accurate | d prese | nt, | | | Allergy ba | nd inacc | urate | | Allergy | band absent or N/A |
| 2. | Initial Vital S | igns M | onitor | displa | ıy in | simulatior | action | room: | | | |
| | No monito | r displa | y | | Mo dis | onitor on, b | ut no da | ata | X | Monit | or on, standard display |
| **pu | t up vital signs | when stu | dent ask | s | | | | | | | |
| BP | 100/60 | H | R: 120 | | R | R: 26 | T: 38.3°C | | | SpO ² : 96% (when | |
| | | | | | | | | | | sensor placed on finger) | |
| CV | P: | P | AS: | | PAD: | | PCWP: | | | | CO: |
| AIF 2L | RWAY: NP | E | C0 ² : | | FHR: | | | | | | |
| Soi | Lur unds/mechar | ngs: Le nics | ft: | | Right: | | | | | | |
| | Неа | art: So | unds: | S1 S2 | | | | | | | |
| | | E | G rhyt | hm: | | | | | | | |
| | | 0 | her: | | | | | | | | |
| | Bowel soun | ids: B | P and | active | e x 4 | quadrants | | | Othe | r: Urine | output 40ml/hr |
| 3. | Initial Intrav | enous l | ine set | up | | | | | | | |
| Х | Saline | Site: | | | | | | | | | IV patent (Y/N) |
| | lock #1 | Left | | | | | | | | | |
| v | 1) / #1 | torear | m | | ام : | | الله الم | ial watar | | | |
| X | IV #1 Main | Site: | | | uid | type: 0.9NS | s init | ial rate: | | | IV patent (Y/N) N |
| | | VIdIN | | | | | | | | | |

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| | 11 | | | | | | | | | | | |
|----|--|------------|------|-------|-------------------|------|--|-------|-------------------------|-------------------|------------|-----------|
| | Piggyback | Hum R | | | | ΤΚVΟ | | | | *discor | nected and | |
| | | 50 units/ | | | | | | | | clothes/ lien wet | | |
| | | 250 сс | | | | | Insuli | n | | | | |
| | | NS | | | | | drip a | t 10 | | | | |
| | | | | | | | units | / | | | | |
| | | | | | | | hour | | | | | |
| | IV #2 | Site | | | Fluid type: 0.9NS | | Initial | rate: | | | IV pate | nt (Y/N) |
| | Main | Right | | | | | | | | | | |
| | Piggyback | | | | | | | | | | | |
| 4. | 4. Initial Non-invasive monitors set up | | | | | | | | | | | |
| Х | NIBP | | | EC | G First lead: | | | | ECG Sec | ond | lead: | |
| Х | Pulse oxime | eter | Х | Ter | Temp monitor/type | | | Х | Other: portable monitor | | | tor |
| 5. | Initial Hemo | dynamic n | noni | itors | s set up | | | | | | | |
| | A-line Site: | | | Cat | theter/tubing Pat | ene | cy (Y/N |) | CVP Site | : | | PAC Site: |
| 6. | Other monit | ors/device | es | | | | | | | | | |
| Х | Foley cathe | ter | Amo | oun | t: 50cc | Ар | Appearance of urine: dark concentrated | | | | ated | |
| | Epidural catheter X Infusion pump: | | | | | | mp set | ting | 5: | | | |
| | Fetal Heart rate monitor/tocometer | | | | Internal | | | | External | | | |
| | • | | | | · | | | | | | | |
| | | | | Env | vironment, Equip | me | nt, Ess | entia | al props | | | |
| | Recommend standardized set ups for each commonly simulated environment | | | | | | | | | | | |

1. Scenario setting: (example: patient room, home, ED, lobby)

Medical unit: IV pole next to bed with an empty infusion pump, med cart off to the side in room stocked with appropriate medications.

2. Equipment, supplies, monitors

(In simulation action room or available in adjacent core storage rooms)

| · · · · | | | | | | | | |
|---------|--|--|---------------------|-------------------------------------|-----------|---------------------------|---------------|------------------|
| | Bedpan/ Urinal | | X | Foley catheter kit | | Straight cath. kit | | Incentive |
| | | | | | | | | spirometer |
| Х | IV Infusion pump | | | Feeding pump | | Pressure bag | | Wall suction |
| | Nasogastric tube | | | ETT suction | | Oral suction | | Chest tube kit |
| | | | | catheters | catheters | | catheters | |
| | Defibrillator | | | Code Cart | | 12-lead ECG | | Chest tube equip |
| | PCA infusion | | | Epidural infusion | | Central line Insertion | | Dressing ∆ |
| | pump | | | pump | | Kit | | equipment |
| Х | IV fluid N/S | | IV fluid additives: | | | | Blood product | |
| | Type: | | | insuline | | | | ABO Type: |
| | | | | | | | # of units: | |
| 3. | 3. Respiratory therapy equipment/devices | | | | | | | |
| Х | Nasal cannula Face tent | | S | Simple Face Mask Non re-breather ma | | re-breather mask | | |
| | BVM/Ambu bag | | | Nebulizer tx kit | F | Flowmeters (extra supply) | | |

| 4. 1 | 4. Documentation and Order Forms | | | | | | | |
|------|---|---------------|-----------------|------------------------|----------------------------|-----------------|----------------|--|
| Х | Health Care | e X Med Admin | | | H & P | X | Lab Results | |
| | Provider orders | | Record | | | | | |
| | Progress Notes X Graphic record | | | Anesthesia/PACU record | | ED Record | | |
| | Medication reconciliation | | Transfer orders | Х | Standing (protocol) orders | | ICU flow sheet | |
| Х | Nurses' Notes x Dx test reports | | | Code Record | | Prenatal record | | |
| Х | Actual medical record binder, constructed | | | | Other | | | |
| | per institutional guidelines | | | | Describe: | | | |

| 5. Medications (to be available in sim action room) | | | | | | | | |
|---|----------------------------|------------|-------|---|------------------|--------|-----------|--|
| # | Medication Dosage | | Route | # | Medication | Dosage | Route | |
| | Insulin regular Toronto | I vial | IV | | Dimenhydrinate | 50 mg | IV | |
| | Mini bags (NS & D5W) | 50 ml | IV | | Prochlorperazine | 10 mg | IV | |
| | Mini bags (NS & D5W | 100ml | IV | | N/S with 20KCL | 1L | IV | |
| | Bicarb | ampules | IV | | Acetaminophen | 325 mg | Tabs/oral | |
| | Morphine | 10mg vials | IV | | | | | |

| Case Flow / Triggers/ Scenario Development States | | | | | | | | |
|---|--|--|---|--|--|--|--|--|
| Initiation of Scenario : | | | | | | | | |
| Patient is received in bed in se | mi fowler's position. Pt. has sli | ght decrease in LOC and is lethargic. | Learners will receive shift change bedside | | | | | |
| report. Night nurse informs da | y nurse/ student that the bolu | s needs to be initiated (or that night | nurse just started the bolus if students cannot | | | | | |
| initiate a bolus). | initiate a bolus). | | | | | | | |
| STATE / PATIENT STATUS | TATE / PATIENT STATUS DESIRED LEARNER ACTIONS & TRIGGERS TO MOVE TO NEXT STATE | | | | | | | |
| 1. Baseline 0730 | Operator | Learner Actions | Debriefing Points: | | | | | |
| Pacaiwas raport | Triggors: "Lam not fooling | 1 Conducts a complete head to | 1 Student (learner ability to perform a | | | | | |
| (E minutos) | vonumell" | 1. Conducts a complete field to | 1. Student / learner ability to perform a | | | | | |
| (5 minutes) | very wen | vital signs | quick field to toe assessment | | | | | |
| DD. | Patient is agitated lethargic | Vital signs. | 2. Phonuzation of care, now did student | | | | | |
| 100/60 | dianhoretic | findings | appropriate for this patient? | | | | | |
| HB-120 | | 3 Prioritizes plan of care | 3 Was student/learner able to delegate | | | | | |
| RB: 26 | Bed is slightly damp from IV | 4 Initiates and maintains | care to complete tasks in timely manner | | | | | |
| SpO2: 96% (21 O2 via nasal | being pulled out during | therapeutic communication. | 4. Discuss Kussmaul breath sounds and | | | | | |
| prongs) SpO2 reads only | night shift transfer (by | 5. Initiates patient centered | clinical significance | | | | | |
| when sensor is placed on | error) | care. | 5. Review admitting and standing orders | | | | | |
| patient finger | , | 6. Reviews admitting orders. | | | | | | |
| Temp: 38.4°C | "I feel like I might vomit" | 7. Delegation of care. | | | | | | |
| | | 8. Initiates conversation about | | | | | | |
| Lungs sounds are clear | Family member states: | Gravol | | | | | | |
| Heart Sounds: sinus | « what is going on with him? | 9. Initiates conversation about | | | | | | |
| tachycardia, no murmur | He is not as with it as he | Tylenol | | | | | | |
| Bowel Sounds: normoactive | usually is" | 10. Check blood glucose | | | | | | |
| Skin: flushed and dry | | 11. Initiates IV bolus as per orders | | | | | | |
| Pain: diffuse abdominal pain | | (or checks bolus if it is already | | | | | | |
| 4/10 | | infusing) | | | | | | |
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| | | | 14 | | | | |
|---|------------------------------|-----------------------------------|--|--|--|--|--|
| STATE / PATIENT STATUS DESIRED LEARNER ACTIONS & TRIGGERS TO MOVE TO NEXT STATE | | | | | | | |
| Slight improvement | Operator: | Learner Actions: | Debriefing Points: | | | | |
| in patient status | | | | | | | |
| | Make improvements on | 1. Learners reassess patient and | Learners recognize slight improvement in | | | | |
| | mannequin if interventions | vital signs. | patient status with IV fluids and meds. | | | | |
| BP: | are appropriate | 2. Students evaluate significant | | | | | |
| 110/65 | | findings. | 1. Nursing process and the need to | | | | |
| HR: 110 | If Gravol has been given, | 3. Student recognizes scope of | reassessment. | | | | |
| RR: 20 | patient's nausea improves | practice and need for the RN | 2. Discuss complexity of IV continuous | | | | |
| SpO2: 97% on 2L O2 nasal | | supervision | insulin infusion. | | | | |
| prongs | If Tylenol had been given on | 4. Effective teaching and | 3. Teaching and communication skills. | | | | |
| Temp: 38.4°C without | previous state decrease | communication with patient. | 4. Discuss significant findings such as fruity | | | | |
| Tylenol given | temp to 37.8°C | 5. Calls physician to inform them | breath, improvements in LOC. | | | | |
| | | of glucometer reading and VS | 5. Discuss implications of fluid | | | | |
| Temp: 37.8°C with Tylenol | Level of consciousness | *MD will state to continue IV | administration and signs of fluid | | | | |
| given | begins to improve. | fluids and monitor- will be up | overload. | | | | |
| | | shortly to assess patient* | 6. Look at lab values and what are the | | | | |
| | | 6. Student collects urine from | important lab values, what are the | | | | |
| | | collection bag for urinalysis. | abnormal and what are the appropriate | | | | |
| | | 7. Glucometer testing | interventions. | | | | |
| | | | | | | | |
| | | | | | | | |
| 3. Final State | Operator: | Learner Actions: | Debriefing Points: | | | | |
| PD. 120/70 | Maka improvement on | 1 Bocognizo nationt | Evaluation of simulation, student loarsing | | | | |
| DP: 120/70 | managuin when | improvements | and student satisfaction | | | | |
| DD. 10 | interventions have been | 2 Continuo to monitor nationt | | | | | |
| RR: 10 SaO2: 100% on 21 ND | accompleted | 2. Continue to monitor patient | 1 What are the improvements in this | | | | |
| 5µ02: 100% ON 2L NP | completed | as per orders | 1. what are the improvements in this | | | | |
| 1emp 37.0 C | | 5. Completes a locused | patient? | | | | |
| | | assessment | 2. what did you learn from this scenario? | | | | |
| | | 4. Serum glucose levels and | | | | | |

| | - | | | | | |
|---|---|--|--|--|--|--|
| Family asks what happened Triggers: to end scenario patient has noted improvements Patient states "I am feeling much better now" Patient is more alert and responding to questions appropriately | glucometer readings 5. Re-evaluates IV solution and rate based on clinical findings 6. Explains DKA to patient and family | What went well during this scenario? What actions would you change? Did the patient respond the way you thought he would? What is the significance of the abnormal findings of hypotension, decreased level of consciousness, Kussmaul respirations, and fruity smelling breath? What is the rationale for administering IV fluid bolus initially? Why do you not want the glucose level to lower too quickly? How did the team function during this scenario? How well did the team communicate with each other? How did the team communicate with the patient? | | | | |
| Scenario End Point: Students communicate with MRP using SBAR | | | | | | |
| Suggestions to <u>decrease</u> complexity: Have IV's insitu. Suggestions to <u>increase</u> complexity: Previous history of CHF and change patient to an older adult Have blood sugars drop too quickly causing cerebral edema Have medical orders handwritten and difficult to read | | | | | | |

APPENDIX A: HEALTH CARE PROVIDER ORDERS

| Patient N | lame: | | Diagnosis: |
|-----------|--------------------------|--------------------------------------|------------------------------|
| DOB: Tre | ent Flemin | ng | Diabetic Ketoacidosis |
| Age: 47 | years | | |
| MR#: | | | |
| †No Knov | vn Allergi s & Sensit | es ivities | |
| Date | Time | HEALTH CARE PROV | IDER ORDERS AND SIGNATURE |
| | | | |
| | 0600 | Admit to medical unit - Dr. Brown | (Internal Medicine) |
| | | NPO | |
| | | AAT | |
| | | Vital signs q4 hour | ····· |
| | | Blood glucose q4 hour, call MD if | blood sugar is > 7 mmol/l |
| | | Oxygen therapy protocol | |
| | | IV 0.9NS with 20mEq potassium of | hloride 1 L bolus then |
| | | Tylonol 075 mg no g4b prn | nonde @125cc/nr |
| | | Morphino 5mg IV g4h prn (for sci | ito pain) |
| | | Dimenbydrinate 25-50mg no/IM/ | N q4-6 hours prp |
| | | Prochlorperazine 5-10mg IV a8h r | nn |
| | | If $ph < 7.0$ give 1 amp Sodium Bica | rbonate IV push then call MD |
| | | Repeat electrolytes, phosphate q4 | 1 hours |
| | | Urinalysis g24hours | |
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| Signatur | e | Dr. Brown | |



APPENDIX C: DEBRIEFING GUIDE

| General Debriefing Plan | | | | | | |
|---|---|--|--|--|--|--|
| Individual | X Group | X With Video Without Video | | | | |
| | Debrie | fing Materials | | | | |
| X Debriefing Guide | X Objectives | X Debriefing Points QSEN | | | | |
| CI | PSI Competencies to co | onsider for debriefing scenarios | | | | |
| Culture | X Teamwor | ·k/Collaboration Identify safety risk | | | | |
| X Communication | Issues in ei | nvironment Respond to safety risk | | | | |
| | Sample Ques | stions for Debriefing | | | | |
| When working we need to be considered to be considered to be considered ade Did you feel ade What do you feel What do you thi Do you feel you scenario? | When working with a patient experiencing DKA what are some potential complications that need to be considered? Did you feel adequately prepared for this type of scenario? What do you feel you did well? What do you think could have been improved? Do you feel you meet the objectives stating in the rubric provided to you prior to this scenario? | | | | | |
| Interprofessional Comp | etencies to consider fo | or debriefing scenarios | | | | |
| X Role Clarification | | X Interprofessional Teamwork Functioning | | | | |
| X Patient/Family /Cli centred care | ent? Community | X Collaborative Leadership | | | | |
| Interprofessional Co | mmunication | | | | | |
| Sample Questions for Debriefing | | | | | | |
| 1. When delegating care, how did you feel giving your peers direction, and how was that direction received? | | | | | | |